FUSD Wellness Committee Agenda

December 8, 2022

**Agenda**

I. Introductions-R. Faus-Flagstaff Athletic Club, FUSD Wellness Committee

II. FUSD goals attained: Message sent to FUSD principals about Wellness policy, B. Heerkens submitted nutrition column for FUSD newsletter, confirmed no signage near vending choices, meeting notices on FUSD website calendar-**S. Rhode**

III. Future goal update 1 & 2-**FUSD committee**

IV. Next Meeting date TBA**-S. Rhode**

V. Adjournment

**Minutes:**

I. Meeting began at 3:07 pm

II. Introductions, goals attained-reviewed WellSAT suggestions, Sharon Sifling and Barbara Ann Heerkens discussed current nutrition that included a review of the menu at Kinsey, educating at Kinsey, and why menus are not being followed (current stock, expiration dates, etc.), and the challenges of Shamrock availability

III. Continuation of review of FUSD Wellness policy

IV. Next meeting date: January 26, 2023, 3:00 pm

V. Meeting adjourned at 4:10 pm.